Effective Management in Therapeutic Recreation Service, Third Edition provides theoretical and practical knowledge about the management of therapeutic recreation services in health and human service organizations in North America. The text was written for upper-level undergraduate and graduate students as well as practitioners. The text was also prepared for a therapeutic recreation specialist who has responsibility for managing direct therapeutic recreation service and the assignment and direction of staff, volunteers, and interns who deliver the service.

While acknowledging that all the information useful to a potential manager or practicing manager cannot be contained in this one volume, the intent is to present the most important portions of management information relevant to the professional who is a first-line manager. Changes are taking place on a daily basis in health and human service organizations, which in turn affect therapeutic recreation service and its management. Management of therapeutic recreation service, regardless of setting, will change dramatically in the future.

New features of this third edition introduced to support instructors and learners are an instructors’ CD and a text format with interactive pedagogical tools. The instructors’ CD includes PowerPoint™ slides, test questions, and review questions. Each text chapter is introduced with learner outcomes that are then embedded in the text narrative in close proximity to the relevant learner content. Within the chapters, significant content is presented in Figures and Tables and enumerated in the chapter summary. Lastly, the text has been reduced in length so instructors may organize units according to the average number of weeks in an academic term.

Another new feature of this edition is the introduction of information relevant to therapeutic recreation management in Canada. Since publication of the second edition, academic programs in Canada are increasing; where appropriate, discussion presents information unique to Canadian learners. Likewise, throughout the text, the global interactions of health and human services are acknowledged: Students and practicing managers may engage in professional preparation, live, and practice in completely different geographic areas, so culture and diversity are integrated into topics throughout the text.
The Leader's Handbook: Learning Leadership Skills by Facilitating Fun, Games, Play, and Positive Interaction (2nd ed.)
by Bill Michaelis and John M. O'Connell

The Leader's Handbook (Second Edition) updates the previous edition's references and resources and adds many new ones, triples the number of photographs, and adds new chapters on Flow Theory and Behavior Guidance. This book is based on over 35 years of practical experience, and very few, if any, leadership books have this depth of leadership analysis. It is geared toward training and management of all age groups, and youth development, and will demonstrate how to effectively work with groups, and lead games play and team-building activities. Topics include basic concepts, enthusiasm, safety, presentation, maintaining the flow of play, closing a game session, game theory, leader roles, managing a large event, positive discipline, situational leadership, and transition activities. A variety of resources including books, magazines, equipment, and organizations are also provided. Focusing on more than just theory, The Leader's Handbook is a practical guide that shows leaders how to create fun with real people in real situations and has a special chapter on the application of “facilitative leadership” to a wide range of program areas.

Contents
Preface
Chapter 1 • On Playing On Purpose
Chapter 2 • The Fundamentals of Play Leadership
Chapter 3 • Getting It Going
Chapter 3.5 • The Flow Imperative
Chapter 4 • Keeping It Going (Rollin’ on the River)
Chapter 5 • Ending It All Well
Chapter 6 • On Games
Chapter 7 • Leading (& Orchestrating) Events, or, “The Big Game”
Chapter 8 • Some Advanced Leadership Skills
Chapter 8½ • Positive Discipline: An Approach to Behavior Guidance
Chapter 9 • A Bigger Bag of Tricks
Chapter 10 • How to Get Better
Chapter 11 • On the Importance of Being a Playmaker
Chapter 12 • Resources, Connections, and Beyond (The Bigger Picture)
About the Authors
Index

Leisure for Canadians (2nd ed.)
by Ron McCarville and Kelly MacKay

The second edition of Leisure for Canadians builds on the work started in the first effort and introduces a new theme within the larger leisure literature, that of sport and events management. Seven new chapters focusing on various aspects of sport and event planning have been added, along with a chapter on the built environment and leisure behavior. As was the case in the first edition, this text is comprised of chapters written by scholars from across Canada. All the contributors were asked to imagine they were talking with someone who asked, “What do we know about [your topic]?” The individual and collective goal was to bring the reader up to date on what is known on that topic.

This text is appropriate for new students to leisure hoping to grasp key issues as well as more advanced students seeking to explore leisure’s complex role in our society. The contributors have worked hard to bring the most current thinking on a wide variety of topics. Together, they paint a picture of both the challenges and opportunities that leisure presents.

Contents
Ch. 1 Defining Leisure • Ch. 2 Introduction To Play • Ch. 3 Sport and Community • Ch. 4 Leisure’s Many Roles • Ch. 5 Leveraging Sport Events to Achieve Economic Benefits • Ch. 6 Leisure Theory, Leisure Practice • Ch. 7 The Politics of Leisure Ch. 8 Leisure Lifestyles • Ch. 9 Leisure Constraints • Ch. 10 Stressful Living and Leisure • Ch. 11 Leisure and the Changing Workplace • Ch. 12 Leisure Travel • Ch. 13 Shopping As Leisure Ch. 14 Consumer Behaviour in Sport • Ch. 15 Urban Recreation Ch. 16 The Built Environment and Leisure Behaviour • Ch. 17 Leisure in Natural Settings • Ch. 18 Exploring Leisure’s Boundaries Ch. 19 Sex, Sexuality, and Leisure • Ch. 20 Gender and Leisure Ch. 21 Multicultural Perspectives • Ch. 22 Aboriginal Leisure in Canada • Ch. 23 Leisure in French Canada • Ch. 24 Leisure Across the Life Course • Ch. 25 Leisure and Disability • Ch. 26 Social Class, Poverty, and Leisure • Ch. 27 A History of Leisure Provision in Canada • Ch. 28 Private Sector Commercial Recreation Providers • Ch. 29 Models of Public Leisure Services Delivery • Ch. 30 Leisure Planning • Ch. 31 Mapping the Recreation and Leisure Landscape for Canadians with a Disability Ch. 32 Community Development • Ch. 33 Leisure Education Ch. 34 Program Planning and Program Evaluation • Ch. 35 People-Centred Management • Ch. 36 Marketing Recreation and Leisure Services • Ch. 37 Offering More Than Programs Ch. 38 Financing Leisure Services • Ch. 39 Financing Leisure Services II • Ch. 40 Volunteering in Canada • Ch. 41 Event Management

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The structured approach to facilitating leisure through recreation services or just wants to know more about opportunities in recreation services have evolved. In the second unit, the historical and comparative roots of leisure in society and the growth of professional recreation services are described. In the third unit, a range of career opportunities in recreation services is presented. The final unit addresses issues and challenges regarding the facilitation of recreation services for sustainability.

Whether a student is considering a career in some area of recreation services or just wants to know more about opportunities for awesome leisure experiences, the value of leisure experiences and sustainable recreation services becomes apparent. The structured approach to facilitating leisure through recreation services now has over a century of history in the United States and around the world. A critical exploration of the meanings of leisure experiences and recreation services in society is a logical step toward the advancement of this field of study.

**Instructors’ materials available**

**Introduction to Recreation Services: Sustainability for a Changing World**

by Karla A. Henderson

Introduction to Recreation Services: Sustainability for a Changing World explores the meanings of leisure for people and the importance of recreation services in society. The focus is on all sectors of the recreation services field, including public, nonprofit, and private business entities. The emphasis is on introducing students to career opportunities in recreation services and the benefits as well as challenges facing recreation professionals in a changing world. The philosophy that is presented in this book is that social, economic, and environmental sustainability concerns should underlie all recreation services. To provide an introduction to recreation services, this book targets recreation services embodied in specialties such as parks and recreation, sports, tourism, event management, outdoor leadership and management, and therapeutic recreation.

Throughout this book, the author refers to leisure experiences to mean primarily the outcomes that individuals receive because of their commitment of time and resources to pursue meaningful recreation activities. Recreation services are used collectively to describe the organizational structures for facilitating people’s leisure. The term ‘sustainable recreation’ is also used and can be defined as services that are capable of being supported, upheld, enduring, and maintainable. ‘Sustainability’ means to be responsible for upholding maximum social, economic, and environmental dimensions of leisure experiences and recreation services.

This book is divided into four units, with short chapters within each unit. The first unit focuses on leisure, recreation, and society, exploring the meanings of leisure, recreation, and play, as well as how opportunities for recreation services have evolved. In the second unit, the historical and comparative roots of leisure in society and the growth of professional recreation services are described. In the third unit, a range of career opportunities in recreation services is presented. The final unit addresses issues and challenges regarding the facilitation of recreation services for sustainability.

Although the primary audience for this book is graduate students, researchers, and senior undergraduates, we have written it in a way that also makes it accessible to a wider audience. We explain the terminology used and incorporate examples that illustrate concepts and theories. We seek to put together the most current thinking about leisure issues relevant to girls/women and boys/men as we introduce ideas and provide a lens for examining the meanings, experiences, and practices of leisure.

The book is organized by five sections: background and context; personal lives; lives in social contexts; culture, power and politics; and ways forward. In these sections, the book’s authors, as well as the voices of some of those conducting research on women, gender relations, and leisure are heard. While we frame and provide some context, the research, stories, and critical reflections of various scholars illuminate and provide depth and breadth for each section.

The thesis of this book is that people’s lives (both women’s and men’s) may be enriched through opportunities for leisure. Examining and reflecting on gender relations empowers individuals to work for personal and social changes that will do much to enhance the leisure lives of women and men. We hope this book provides a synthesis of where an understanding of women, gender, and leisure is after the first decade of the twenty-first century, and will provide a framework for future activism as well as future research.

**Leisure, Women, and Gender**

edited by Valeria J. Freysinger, Susan M. Shaw, Karla A. Henderson, and M. Deborah Bialeschki

Leisure, Women, and Gender is part of an ongoing examination that explores and elaborates issues of leisure for girls and women. The book is both an update of A Leisure of One’s Own: A Feminist Perspective on Women’s Leisure (1989) and Both Gains and Gaps: Feminist Perspectives on Women’s Leisure (1996) and a departure from these earlier works, in its process and structure. Specifically, in this volume, rather than writing about the research that others are doing, we invited some of those researchers to talk about how they came to study leisure, women, and gender; what they have learned from their research; and to reflect on directions for future research. Hence, organizationally and structurally it falls in the “middle ground” between a coauthored and an edited book: it mixes writing by the book’s editors with the voices of invited scholars, who contribute central and additional perspectives regarding the topics.

Although the primary audience for this book is graduate students, researchers, and senior undergraduates, we have written it in a way that also makes it accessible to a wider audience. We explain the terminology used and incorporate examples that illustrate concepts and theories. We seek to put together the most current thinking about leisure issues relevant to girls/women and boys/men as we introduce ideas and provide a lens for examining the meanings, experiences, and practices of leisure.

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A good internship brings academic coursework to life and provides work experience and professional contacts that help to ensure a successful professional career. It is the foundation for the future, and like any strong foundation, its construction requires time, effort, and the proper tools. The purpose of this text is to give students the proper tools for getting the best possible internship. The fifth edition of Internships in Recreation and Leisure Services: A Practical Guide for Students provides tips and techniques for developing an electronic or scannable résumé and offers a comprehensive list of internship-related and job search Web sites. It also includes information about Web résumés, suggestions for creating an electronic portfolio, and an expanded section on traditional print résumés. This fifth edition will serve as a valuable resource for students looking to secure an internship as well as for students seeking employment after graduation.

Each chapter presents information to read and think about, includes exercises to complete, and lists pertinent questions to ponder. Overall, the intent of the manual is to develop effective internship tools and refine your internship selection process. Throughout the manual, we have included examples from a variety of recreation and leisure service specializations (e.g., outdoor recreation, therapeutic recreation, commercial recreation) to illustrate important points and concepts.

Contents

Chapter One: Self-Assessment—Self-Confidence; Personal Philosophy; Interests and Needs; Personality Traits and Professional Skills; Limitations/Weaknesses; Attitudes Toward Work and Learning

Chapter Two: Direction—Internship/Career Direction; Internship Goals; Career Goals; Action Plan Timeline

Chapter Three: Search and Research—Search; Research

Chapter Four: Preparation: The Cover Letter—Format; Content; Final Tips and Reminders; Sample Cover Letters

Chapter Five: The Résumé—The “Foundation” or “Working” Résumé; The “Professional” Résumé; Format and Content of the Résumé; Sample Résumés; Final Comments on Résumés

Chapter Six: The Interview—Preparing for an Interview; Participating in an Interview; Following Up After an Interview

Chapter Seven: Selection and Final Planning—Making Your Selection; Notification of Selection; Planning for Your Internship

Inclusive Leisure Services (3rd ed.)

by John Dattilo

Inclusive Leisure Services (3rd ed.) encourages leisure services providers to promote inclusion of people with disabilities in their programs.

This text will educate future and current leisure services professionals about attitude development and actions that promote positive attitudes about people who have experienced discrimination and segregation. It provides strategies that will facilitate meaningful leisure participation by all participants, while respecting their rights.

Each chapter begins with an orientation activity to familiarize the reader with the content presented in the chapter and to provide an opportunity to interact with others about the topic. Next, a debriefing is provided, containing a short discussion about the orientation activity and a few questions requiring the reader to reflect on the activity. Each chapter contains an introduction designed to briefly acquaint the reader with the topics to be covered. The content of each chapter poses a variety of questions and possible responses. Final thoughts offer additional examples and a chance to reflect on the information presented in each chapter. Each chapter ends with discussion questions to encourage the reader to review the material, identify important aspects of the content, and engage in problem solving.

Contents

Section A: Develop Awareness

Ch. 1: Be Ethical; Ch. 2: Celebrate Inclusion; Ch. 3: Understand Attitude Development; Ch. 4: Enhance Your Attitude; Ch. 5: Improve Others’ Attitudes; Ch. 6: Be Aware of Psychological Barriers to Leisure

Section B: Embrace Diversity

Ch. 7: Uphold Human and Civil Rights; Ch. 8: Respond to the Americans with Disabilities Act; Ch. 9: Welcome People with Disabilities; Ch. 10: Endorse Culture: Ethnicity, Race and Immigration; Ch. 11: Sustain Healthy Aging and Older Adults; Ch. 12: Address Income and Economic Challenges

Section C: Facilitate Participation

Ch. 13: Encourage Self-Determination; Ch. 14: Provide Leisure Education; Ch. 15: Promote Social Interaction and Friendship; Ch. 16: Employ Principles of Universal Design; Ch. 17: Advocate for Services

Section D: Consider Disability as an Example for Inclusion

Ch. 18: Use Sensitive Terminology; Ch. 19: Support Families; Ch. 20: Make Reasonable Adaptations

Section E: Learn about People, Inclusion and Disability

Ch. 21: People, Inclusion, and Physical Limitations; Ch. 22: People, Inclusion, and Cognitive Limitations; Ch. 23: People, Inclusion, and Sensory Limitations; Ch. 24: People, Inclusion, and Assistive Technology
This book is divided into three main sections. In Part 1, a foundation of the strengths approach is introduced. Chapter 1 provides the framework and strategies for learning used throughout the book. Chapter 2 sets the stage for the sweeping changes occurring in recreation, health, education, and human service systems. Social indicators and scientific support for the shift to a strengths-based approach are also presented. Chapter 3 explores how the shift to a strengths-based ecological approach fits into therapeutic recreation practice, and how therapeutic recreation can flourish as a profession in the paradigm. Chapter 4 provides a model of therapeutic recreation practice that is based on the strengths perspective. Chapter 5 provides a structure and vocabulary to look closely at and understand strengths relevant to the practice of therapeutic recreation. Chapter 6 provides an introduction to theories that guide a strengths perspective and are relevant to therapeutic recreation. Finally, Chapter 7 overviews some fundamental guidelines for a strengths-based approach, which emanate from theory and philosophy.

Part 2 is the mainstay of this book. This section looks at the application of the strengths perspective to the therapeutic recreation process: assessment, planning, implementation, and evaluation. Chapter 8 covers the importance of collaboration in the therapeutic recreation process, the role of the participant and family in collaboration, and the roles of other professionals with whom readers will work in the helping relationship. Chapter 9 provides a way to think about and conduct assessment from a strengths perspective to ensure authentic and meaningful practice. Chapter 10 examines the link between assessment and planning, and the principles and practice of planning. Chapter 11 provides an overview of common and new interventions in therapeutic recreation, applied from a strengths perspective. Chapter 12 and Inclusion provides a strengths approach to helping participants terminate services, and continue to pursue meaningful, fully engaged lives in their communities. Finally, Chapter 13 describes the processes used in therapeutic recreation to document and evaluate provided services.

Part 3 of the book helps readers as professionals establish and maintain themselves as strength-based therapeutic recreation specialists. Chapter 14 provides a framework and guidelines for advocating for the strengths perspective, and for the participants with whom readers will work. Chapter 15 stresses the importance of being well prepared in therapeutic recreation, from credentialing to clinical supervision to continuing education. And last, Chapter 16 helps put what readers have learned in this book into the context of their lives as professionals in therapeutic recreation.

Contents
Chapter 1: Legal Environment: Equal Employment Opportunity; Chapter 2: Legal Environment: Employee Concerns; Chapter 3: Employee Supervision; Chapter 4: Planning and Organizing for Human Resources; Chapter 5: Recruitment; Chapter 6: Employee Selection; Chapter 7: Motivation; Chapter 8: Performance Appraisal; Chapter 9: Compensation; Chapter 10: Training and Development; Chapter 11: Discipline and Grievances; Chapter 12: Employee Well-Being; Chapter 13: Communication

Instructors’ materials available

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$49.95 2012 Case 264 pages
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The intent of this book is to improve the systematic application of various techniques and modalities to the practice of therapeutic recreation. Improving and standardizing practice is fundamental to increasing our ability to select interventions based on their potential to impact client outcomes. When we fully realize the potential of specific interventions to help clients arrive at certain outcomes, then we can choose these interventions and techniques with greater skill and confidence.

“Systematic application” however, depends on a number of key factors to succeed. First, every profession benefits from the application of evidence and theory to their practice. Evidence-based practice (i.e., the application of research evidence to intervention design) and theory-based practice (i.e., the application of relevant theory to intervention design) are both equally important to ensure that programs, interventions, or treatments are built on “best practices.” Conversely, programs that are designed haphazardly or lackadaisically—say from tradition, therapist interest, or sheer inertia—are unlikely to help clients achieve their goals and fulfill their full potential. Second, program design and planning needs to be done with care and through a systematic process using established procedures. Comprehensive program design, activity analysis, protocol development, and program evaluation are a few of the steps of systematic program design used by therapeutic recreation specialists. Third, targeting important and valued client outcomes is extremely important. Clients and their families need to be assured that professionals are providing the best possible care, in the most efficient and effective manner possible, to arrive at the most vital and significant outcomes.

The aim of this book is to vastly improve our frameworks for interventions by extracting and synthesizing the best possible evidence and theory so that therapists can then apply systematic program design and build effective and meaningful programs aimed at specific and known outcomes. Each chapter contains introductory information, followed by research evidence to support the technique, and related studies in the therapeutic recreation literature. A sampling of resources and illustrative activities are included in most chapters as well. This book provides students and practitioners with solid information that will improve their practice; that is, improve the likelihood that the interventions they provide are the most powerful and most effective.

**Contents**

Chapter 1: Basic Concepts; Chapter 2: Service and Quality in Programming; Chapter 3: Principles, Philosophy, and Planning; Chapter 4: Asset Mapping and Needs Assessment; Chapter 5: Programming for People; Chapter 6: Program Design; Chapter 7: Creativity and Innovation; Chapter 8: Program Promotion; Chapter 9: Pricing Program Services; Chapter 10: Facilitating the Program Experience; Chapter 11: The Essence of Program Evaluation; Chapter 12: Evaluation Tools, Techniques, and Data Analysis

**Facilitation of Therapeutic Recreation Services: An Evidence-Based and Best Practice Approach to Techniques and Processes**

*Edited by Norma J. Stumbo and Brad Wardlaw*

**Programming for Parks, Recreation, and Leisure Services: A Servant Leadership Approach (3rd ed.)**

*By Donald G. DeGraaf, Debra J. Jordan, and Kathy H. DeGraaf*

This new edition retains its user-friendly approach and servant leadership foundation. It includes updated material in all chapters, and additional material about social entrepreneurship and strategic planning. In addition, the theory chapter has been reorganized with theory to practice boxes throughout the book, and programmer profiles have also been added to each chapter, to introduce students to recreation programmers in a variety of positions. The concept of servant leadership for recreation professionals is based on the premise that all recreation providers serve their customers through programs. The power of this model lies in the ability of its ideas to inspire us to be more collectively than the sum of our individual parts. Throughout this book we advocate that recreation programmers should serve the individual as well as the overall communities in which we live. This service is realized through a combination of community and personal involvement in decision making, as well as ethical and caring behavior on the part of the programmer. Whether a leisure services professional is working for a municipal recreation and park department providing recreational sports leagues for adults, a nonprofit organization providing special events, a social entrepreneur addressing contemporary social issues through recreation programs, or a commercial tour operator offering wilderness backpacking trips, this book provides both cutting-edge concepts and practical knowledge for successful, professional programming.

The student/instructor CD includes: learning objectives, key concepts, study questions, application and practice opportunities and assignments as well as a test bank, and a PowerPoint™ presentation for each chapter. In addition, the CD includes summaries of award-winning programs, sample forms, brochures, and links to program-related Web pages.

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Leadership is a process and an experience that impacts all of us in our roles as leaders and as followers. This text presents leadership as a personal journey that takes conscious effort to undertake and develop. Leadership is one of the keystones of successful parks, recreation, and leisure services agencies, organizations, and programs. How we deal with people, how we interact with fellow staff, supervisors, participants, and the general public all make an incredible statement about who we are and what our profession is about. This book is designed to help students of leadership begin (or renew) their personal journey toward leadership.

Leadership is best developed and refined through experience. Thus, during the learning process presented in this text, readers are encouraged to seek out as many opportunities for leadership practice as possible, including public communication skills, conflict resolution skills, and motivation skills; to expose themselves to issues and experiences outside of their comfort zone and stretch themselves; to increase their self-awareness; and as much as possible, to practice, reflect on experiences, seek out feedback, and practice some more.

Contents

Section I • The Foundation:
Developing the Underlying Construct
(Understanding Leadership; Leadership Theories and Styles; Leadership and Human Development)

Section II • Working with People:
The Essential Skills of Leadership
(Group Dynamics: The Essence of Leadership; Communication Skills for Leaders; Nonverbal Communication; Managing Difficulties; Managing and Motivating Participant Behaviors)

Section III • Synergy:
Pulling It All Together
(Diversity and Leisure Services Leadership; Values and Ethics in Leisure Services Leadership; Risk Management in Direct Leadership; Direct Leadership Techniques; Selected Social and Professional Issues Affecting Leisure Services Leaders)

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From the text: The scholarly literature on tourism has increased enormously during the past five decades, as tourism itself has become a global phenomenon of staggering proportions. The vast majority of books and journal articles on the subject are aimed at fellow academics, university graduate students, policymakers, or persons engaged in tourism management. Finding a navigable route through the extensive body of tourism research studies, commentaries, interpretations, and theoretical contributions can be a daunting task for beginning students and others confronting the subject for the first time. This book is written with these readers uppermost in mind. It does not attempt to break new theoretical ground, but has the more modest aim of offering a basic and necessarily selective guide to academic studies of tourism and the main problems and issues these deal with. It does not pretend to offer a comprehensive review of the field, for such a task would obviously require several lengthy volumes.

Each chapter ends with a list of Review Questions that are meant as an aid to understanding the main points and arguments. I also include a list of Discussion Topics suitable for small group or seminar sessions. There are also questions designed to help the reader connect personally with the chapter contents, something I believe can be helpful deepen the reader’s understanding of the subject.

From the Preface: Several years ago, we assembled a task force to identify competencies for students to acquire during their undergraduate studies in therapeutic recreation (TR). The task force was composed of approximately a dozen professionals with experience in TR. We reviewed relevant documents produced by professional organizations including the American Therapeutic Recreation (TR) Association, the Council on TR Certification, the Pew Health Professions Commission, the National Recreation and Parks Association, and the National TR Society.

Ultimately, we generated a product that could contribute to the body of literature in our field while simultaneously working to enhance each contributor’s writing skills. I worked closely with each author trying to ensure that the material presented contained sufficient detail to educate a naive reader. In addition, based on the needs of the field and educational principles, we identified specific sections contained in every chapter to provide a level of consistency to the reader.

We hope that this book helps contribute to the education of TR specialists and ultimately to improving the lives of people with disabilities.

In recent decades, the social psychology of leisure has emerged as a prominent perspective for understanding the role and impact of leisure in people's lives. It is a dynamic field of study influenced by researchers in leisure studies and theories and research in the fields of psychology and sociology. There is a real interest in the practical applications of social psychology for understanding urgent social issues, and social psychological principles have been applied to improving arrangements for health, work, home life, and, of course, leisure.

This new edition builds on all of these earlier efforts and incorporates major new topics of research, innovative studies, and contemporary examples. It also advances from the first edition in several important ways. First, it makes more use of traditional social psychological topics such as conformity and persuasion, particularly in Chapter 9. Second, we have devoted the entirety of Chapter 10 to the subject of race, ethnicity, and culture, given the growing evidence for the influence of each on leisure behavior. And third, we have changed the focus of later chapters from benefits to outcomes, recognizing that leisure behavior may be both beneficial and harmful at times.
### Leisure Education Program Planning: A Systematic Approach (3rd ed.)
*by* John Dattilo

Leisure Education Program Planning: A Systematic Approach (3rd ed.) provides information that is useful in developing a comprehensive leisure education program, regardless of the people being served or the place where services are delivered.

The most significant change to this edition is the expansion of the first section of the book, including a new chapter devoted to processing experiences. Recent information has been infused into the book since material relevant to leisure education continues to be produced.

The second section of the book contains programs associated with six leisure education components identified in the text (appreciate leisure, be aware of self in leisure, be self-determined in leisure, interact socially, use leisure resources, and make leisure decisions). Based on field-testing, evaluation, and experience over the past few years, revisions have been made to each of the programs to improve clarity and flow.

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### Interpretation of Cultural and Natural Resources (2nd ed.)
*by* Douglas M. Knudson, Ted T. Cable, and Larry Beck

Interpretation offers one of the most demanding, dynamic, and exciting fields of work anywhere. Whether one is just starting out or a seasoned professional, this book will provide a strong start or refresher for understanding the job of interpretation. This completely revised volume includes recent research, updates, and elaborations that contributed to progress and innovative applications within the profession since 1995. This text provides comprehensive knowledge of the interpretive profession and is filled with practical information, useful applications, and examples of how interpreters do their work. The practices, theories, and principles presented have withstood the test of time. Based on the profession’s history and potential, readers should gain a sense of the profession’s roots, its vitality, and its lofty ideas for the future.

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### Special Events and Festivals: How to Plan, Organize, and Implement
*by* Angie Prosser and Ashli Rutledge

Special Events and Festivals will assist seasoned event planners, new staff members in event-management companies, board members from nonprofit agencies, and anyone else with the responsibility of planning a special event or festival. Whether planning a first-time event or one celebrating its 20th anniversary, the key to proper planning is detailed organization. The planning steps presented in this manual are applicable to all types of events, from large, multiday festivals to small, one-day community activities. The chapters are presented chronologically by following the planning process of event production. This manual provides many prototypes and planning tools as examples to be used and adapted to meet any special event need. This vital resource will help planners start the process, identify who to involve, and make great events happen.

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### Introduction to Writing Goals and Objectives: A Manual for Recreation Therapy Students and Entry-Level Professionals
*by* Suzanne Melcher

Since length of stay in hospitals continues to decrease, and insurance companies focus on documentation for reimbursement, it is vital for therapeutic recreation professionals to master documentation issues—especially those of writing goals and objectives with their patients and clients. Well-written goals and objectives keep treatment on target and measurable and assist with justification of services. Introduction to Writing Goals and Objectives offers techniques that students, interns, and entry-level professionals need to gain confidence when developing and writing goals and objectives.

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Leisure, Health, and Wellness: Making the Connections
edited by Laura Payne, Barbara Ainsworth, and Geoffrey Godbey

As our understanding of good health changes, it is apparent that leisure and its use are an important issue in both achieving and maintaining good health. This book reflects the story of how parks, recreation, and leisure studies contribute to health and well-being of individuals, families, communities, and societies. This is also the story of how public health contributes to parks, recreation, and leisure studies—the intersections and connections between and among these fields, concepts, and professional practices.

This book provides a collection of ideas brought together by scholars and practitioners willing to venture outside of the safe confines of their own disciplines to write transdisciplinary chapters with colleagues from numerous fields related to leisure, health, and wellness, and their interconnections.

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Survey Research and Analysis: Applications in Parks, Recreation and Human Dimensions
by Jerry Vaske

This book provides students and researchers with a blend of applied social science theory, survey research methodology, and statistical analyses necessary to conduct quality survey research. Prominent theoretical concepts used in parks, recreation, and human dimensions of natural resources are explained in this book, as well as how survey questions can be created to measure these concepts. Guidelines and recommendations are offered to facilitate survey design and implementation. Sampling strategies and procedures for weighting data to approximate populations of interest are discussed.

Practical guidelines are provided for determining which statistical techniques are appropriate for analyzing research questions and hypotheses. Data manipulation strategies for transforming variables are described. Procedures for testing measurement reliability, handling missing data, and dealing with outliers are examined. SPSS procedures and output are illustrated using graphics that explain their meaning and interpretation in an easy-to-understand manner. Sample tables are used to illustrate conversion of output data to usable information.

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Active Living in Older Adulthood:
Principles and Practices of Activity Programs
by Barbara A. Hawkins

This revised edition of Therapeutic Activity Intervention with the Elderly: Foundations and Practices (1996) has undergone significant changes from the original text. The book has been broadened beyond a narrow focus on therapeutic intervention to embrace principles and practices that are applicable to professional activity specialists who serve older adults in a wide range of settings.

Activity professionals from a wide array of disciplines should find this book to be useful in providing basic information about older adults as well as practical details in the design and delivery of activity programs and services for older adults. Also, course instructors will find the book applicable for general courses for certified nurse assistants and day activity providers.

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by Geoffrey Godbey

This book takes a fresh approach to understanding leisure through the use of brief statements from diverse people commenting on some aspect of leisure in their lives. This device, combined with professionally designed PowerPoint presentations for each chapter, adds new perspectives to the approach taken to the previous editions of this best-selling book.

Designed to introduce leisure studies, this book encourages you to start by examining leisure as it relates to your life and then broaden your learning to include the rest of the world.

Contents
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by Linda L. Buettner and Suzanne Fitzsimmons

Healthcare providers serving as behavior specialists for older adults with dementia should be encouraged to examine the Needs, Environment, Stimulation, and Techniques (N.E.S.T.) used in the care of the individual with disturbing behaviors. With this information, the team can create an appropriate plan of care and a supportive nest for living an active, engaged life, despite memory loss. This guide compiles the research evidence on psychosocial interventions tested on older adults with dementia to date, and directs future research by pointing out what needs to be evaluated to improve our practice.

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Recreation and Youth Development
by Peter A. Witt and Linda L. Caldwell

First and foremost, the authors realize that this book's readers must have an interest in youth. They also realize, through teaching courses on youth development and recreation, there was a gap in the literature—very little organized information existed that addressed the growing need to increase the capacity of professionals working with youth in a recreation context to be able to more fully contribute to youth development. Thus, the goal of this book is to increase knowledge about who youth are and why they do what they do, as well as to facilitate youth development through recreation.

The authors believe that readers will be challenged and inspired by what they read so that they undertake efforts to make a difference in youths’ lives through recreation.

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Client Assessment in Therapeutic Recreation Services
by Norma J. Stumbo

Client Assessment in Therapeutic Recreation Services will educate the reader about the importance of client assessment, how assessment relates to treatment planning and programming, and ways to improve data collection, analysis, interpretation, and reporting. The challenges outlined—selecting and implementing assessments; specialist expertise; and instrument validity, standardization, and availability—point to the continued need to improve the current state of the art of therapeutic recreation assessment.

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Leisure Education I: A Manual of Activities and Resources (2nd ed.)
by Norma J. Stumbo

Designed as a resource for practitioners and students, this manual contains more than 100 activities and variations for use in therapeutic recreation. It supplies both new and proven activities to meet the needs of clients and programs, and encourages users to create their own activities. Leisure Education I: A Manual of Activities and Resources (2nd ed.) also provides background information on the leisure education content model, activity analysis, and activity selection for intervention. This is a comprehensive guide to the design and implementation of leisure education programs.

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Leisure Education II: More Activities and Resources (2nd ed.)
by Norma J. Stumbo

This book serves as a comprehensive resource designed to facilitate the implementation and improvement of leisure education services. Most activities are appropriate for diverse populations and settings; only a few activities are designed with a specific population in mind. Users are encouraged to view the activities provided as a starting point, and to create, develop, and adapt activities to suit their purposes. The activities have been modified in this edition, focusing on improving goals and adding debriefing questions so that participant outcomes will be more obvious.

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Introduction to Therapeutic Recreation: U.S. and Canadian Perspectives
by Kenneth E. Mobily and Lisa J. Ostiguy

This book introduces the role of therapeutic recreation for disadvantaged populations from U.S. and Canadian perspectives. Most of the literature focuses on the therapeutic recreation profession as it evolved in the United States. It is important to understand different approaches to therapeutic recreation and recognize benefits of other systems. Often criticized and dismissed as being underdeveloped, the approaches and services in countries other than the United States can educate and help those practicing therapeutic recreation. There are great advantages to understanding innovations in approaches and to solving issues and problems in the field. New and different techniques can emerge through dialogue among therapeutic recreation practitioners with different backgrounds and training.

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The Game Finder: A Leader’s Guide to Great Activities
by Annette C. Moore

This book for activity leaders offers over 130 well-tested activities designed for any age group and any level of effort. It not only concentrates on the planning and leadership of activities but also contains a Game Finder, which indexes games by group size, level of effort, setting, amount of time needed, and special preparation (if any). The activities presented in The Game Finder: A Leader’s Guide to Great Activities are easy to lead and enjoyable for participants. Invaluable for the activity leader in any setting.

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Reference Manual for Writing Rehabilitation Therapy Treatment Plans
by Penny J. Hogberg and Mary Johnson

This easy-to-use resource manual, developed to aid therapists in writing individual-specific treatment goals, covers five major domains: social, emotional, intellectual, physical, and leisure. Components to be measured include target symptoms, long-term goals, short-term goals, and intervention. The samples provided address a variety of behaviors and provide examples of measurable, observable, and obtainable goals from which therapists can create individualized goals for the specific needs of their patients.

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Inclusion: Including People with Disabilities in Parks and Recreation Opportunities
by Lynn Anderson and Carla Brown Kress

People with disabilities now reside primarily in community settings, but less than 20 years ago many people with disabilities lived in institutional settings such as state hospitals and nursing homes. As society’s attitude toward people with disabilities changed, more people moved into communities to less restrictive environments. Although communities have been able to provide housing and some services, many people with disabilities are not yet a part of the fabric of communities. This book provides tools for professionals in parks, recreation, and human services to facilitate inclusive recreation services.

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Leisure and Leisure Services in the 21st Century: Toward Mid Century
by Geoffrey Godbey

Leisure and Leisure Services in the 21st Century: Toward Mid Century is about change and some implications of change for leisure and for those who study or work in leisure and leisure services. The concern here is for leisure and leisure services interpreted broadly—leisure being what we do more or less voluntarily and pleasurably within our way of life; leisure services being all those occupations and organizations that deal with leisure behavior from tourism to therapeutic recreation to parks.

This book presents 66 discussion topics with Issue Questions and Implications for Leisure to allow the readers to become aware of and investigate trends that could influence leisure and leisure services, and to anticipate potential impacts these trends and issues may have in the field of leisure and leisure services.

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Introduction to Outdoor Recreation: Providing and Managing Natural Resource Based Opportunities
by Roger L. Moore and B. L. Driver

This book introduces the fundamental concepts, skills, and essentials needed to become an effective outdoor recreation professional and provider in a practical way. It introduces what outdoor recreation is, how to provide opportunities for it, and how to manage it professionally.

This text is for students pursuing careers as outdoor recreation professionals in parks, forestry, ecology, tourism, and other nature-based fields. Regardless of educational and career objectives, readers will become more responsible outdoor recreationists and better informed voters and citizens.

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Adventure Programming
edited by John C. Miles and Simon Priest

This revised edition of Adventure Education (1991) brings together the ideas of many adventure programming practitioners to reveal the extent of the literature in the field and provides insight into every aspect of this ongoing movement. Change for society and communities is the altruistic endpoint sought by adventure programs through activities such as outdoor pursuits, initiative activities, and ropes or challenge courses, which are all discussed in this text.

Ten sections introduce adventure programming and cover historical perspectives, foundations, social psychology, lessons, leadership, management, setting, clients, and trends.

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More Than a Game: A New Focus on Senior Activity Services  
by Brenda Corbett

Activity services departments in long-term care need to provide activities for an increasing number of residents with more varied cognitive and physical abilities. This book provides therapeutic activities for today’s resident and ideas to develop a more productive activity services department. These 37 innovative activities and their variations suit the individual needs, current abilities, and former lifestyles of older adult residents. The activities are appropriate for nursing homes, assisted-living facilities, and adult day care programs.

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Dementia Care Programming: An Identity-Focused Approach  
by Rosemary Dunne

Ever-increasing numbers of people with dementia are entering professional care settings and creating a sense of urgency among caregivers. This book helps readers recognize that there is no single right answer to how caregivers meet the needs of people with dementia. These people come from different cultural, ethnic, and religious backgrounds and have had many different life experiences. The common thread that binds these individuals, however, is that their dementia places them on a heart-wrenching, relentless journey—one often filled with frightening obstacles, frustration, and loneliness. This is a supportive, easy-to-read presentation of proven models and approaches for working with people with Alzheimer’s disease and related dementias and will benefit both professionals and families.

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Planning and Organizing Group Activities in Social Recreation  
by John V. Valentine

This book is intended for recreation leaders working in community recreation settings, high school teachers, professors teaching physical education and/or recreation courses, camp counselors, or any coordinators, directors, and group leaders interested in expanding their repertoire of social recreation activities and concerned with developing a memorable, positive experience among the group with whom they work.

The approach of this book is to share the most successful activities one might encounter when planning, organizing, and leading activities and recreation programs. The activities selected are the most promising for instant success, and they do not require excessive experience in recreation activity leadership or presenting fun activities to groups of people.

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Leisure Education III: More Goal-Oriented Activities  
by Norma J. Stumbo

This volume includes 108 innovative activities for clients of all ages, and focuses on basic conceptual foundations for service provision. Introductory chapters highlight a conceptual framework that shows how elements of service provision relate. Next it examines assessment concerns to meet increasing accountability demands and addresses activity interest inventories as a primary source of client information. Decision-making skills activities have been added, and the section on social skills activities has nearly doubled from previous editions.

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Making a Difference in Academic Life: A Handbook for Park, Recreation, and Tourism Educators and Graduate Students  
edited by Dan Dustin and Tom Goodale

Part I focuses on students considering a life in the university, new and seasoned faculty members, and on the meaning of being a professor. Issues explored include the place of teaching, research, service, reading and writing in a professor’s life, as well as the privileges, obligations, rewards, and frustrations. In Parts II and III, many questions are raised, including: Why is administration an anathema to some and an attraction to others? What should one know about administration before taking it on? Is being an administrator in higher education worth it?

These essays reveal the genuine satisfaction of working in higher education, and provide strong evidence in support of the proposition that a life spent in higher education is anything but academic.

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Dimensions of Choice: Qualitative Approaches to Parks, Recreation, Tourism, Sport, and Leisure Research (2nd ed.)  
by Karla A. Henderson

Dimensions of Choice (2nd ed.) is an introductory text about the philosophy, theory, methods, and techniques applied to interpretive research and qualitative approaches in parks, recreation, tourism, sport, and leisure (PRTSL). This book contains many of the basic (but rethought) premises of the first edition and has expanded to include new issues such as reflexivity, computer aids, linking and mixed methods, evaluating research reports, and other emerging forms of data collection, analysis, and data presentations.

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The plans are designed so that recreation facilitators can apply the program and meet therapeutic needs safely. Each plan has easy-to-read headings to provide quick reference to the concepts behind the plan, preparation, implementation, and specific adaptations. Both facilitators and clients will enjoy the variety of programs offered in this manual.

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SERVICE LIVING: BUILDING COMMUNITY THROUGH PUBLIC PARKS AND RECREATION
by Doug Wellman, Dan Dustin, Karla Henderson, and Roger Moore
This book challenges us to reconsider what it means to be responsible citizens in a participatory democracy. We make our case by telling the stories of four individuals who made remarkable contributions to our nation’s history: Frederick Law Olmsted, Jane Addams, Benton MacKaye, and Marjory Stoneman Douglas. They were living proof that each one of us can make a positive difference in this world if only we would try. How they did it, and how we can do it as well, is through service living.

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RECREATION PROGRAM PLANNING MANUAL FOR OLDER ADULTS
by Karen Kindrachuk
This manual is designed to increase direct patient/client care time by providing program plans with a proven track record. Though developed initially for older adults in a long-term care setting, these plans can be applied to any age group.

The plans are designed so that recreation facilitators can implement the program and meet therapeutic needs safely. Each plan has easy-to-read headings to provide quick reference to the concepts behind the plan, preparation, implementation, and specific adaptations. Both facilitators and clients will enjoy the variety of programs offered in this manual.

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Jackson and Burton present a comprehensive assessment of what is known about recreation and leisure at the beginning of the 21st century, with its potential to create a world in which such knowledge is critical to well-being. They have drawn on the talents of top scholars in various areas of study, and done so from a carefully conceived vision of what was needed. This volume provides a retrospective examination of what has been achieved in leisure studies in the 20th century, takes a look into the future, and offers new perspectives on preexisting and emerging themes.

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LEISURE EDUCATION IV: ACTIVITIES FOR INDIVIDUALS WITH SUBSTANCE ADDICTIONS
by Norma J. Stumbo
This book contains 112 innovative activities to meet the needs of adolescents and adults with substance abuse and chemical dependency problems. Most activities have specific content for dealing with substance abuse, but some address leisure awareness, social skills, decision making, and leisure resources. The first chapter gives an overview of why social skills are of paramount importance to clients of therapeutic recreation services. Chapters two and three focus on the assessment and provision of social skills in order to provide an intervention program.

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FILE O’ FUN: A RECREATION PLANNER FOR GAMES & ACTIVITIES (3RD ED.)
by Jane Harris Ericson and Diane Ruth Albright
File o’ Fun is a set of reference cards for over 200 activities, plus a leadership booklet to assist recreation leaders during the planning and implementation of occasions where people get together for fun and fellowship. The booklet guides the leader through the selection and organization of materials; facilitates planning of formations, equipment, and transitions from one activity to the next; provides guidelines for a safe environment; and considers the individual participant’s needs and desire for a relaxed, enjoyable time.

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As the recreation profession continues to evolve, students, professionals, and educators seek opportunities to develop and refine aspects of therapeutic recreation. This edition intends to provoke discussion and to provide guidance by illuminating common threads of past knowledge and future hopes.

Forty new cases are featured in this edition, representing diverse situations and challenges. This book serves as a key text for all therapeutic recreation courses by encouraging the reader to apply and enjoy the challenge of analyzing and synthesizing knowledge.

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**INTERVENTION ACTIVITIES FOR AT-RISK YOUTH**
by Norma J. Stumbo

This volume of 169 activities for at-risk youth is intended for facilities that may or may not employ therapeutic recreation staff. The activities and goals are in a format that volunteers, childcare workers, activity staff, and therapeutic recreation specialists can use to implement intervention activities for at-risk youth. The opening chapters provide a foundation for intervention activities. Activities address anger control and stress management; physical and mental health; cooperation, communication, and listening; problem-solving, decision-making; and planning skills; leisure awareness and resources; and friendship and social skills.

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**RECREATION FOR OLDER ADULTS: INDIVIDUAL AND GROUP ACTIVITIES**
by Judith A. Elliott and Jerold E. Elliott

This book is for anyone who works with older adults in the field of recreation. It provides low-cost, client-intensive recreation programming ideas for older adults, regardless of the level at which they are able to function.

A majority of the activities in this book are designed for use with clients who must have individual attention from a staff member to participate. The activities are designed for older adults who may or may not be physically frail, and who exhibit many signs of confusion, memory loss, and/or disorientation.

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<th>Page</th>
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<tbody>
<tr>
<td>21st Century Leisure: Current Issues (2nd ed.)</td>
<td>12</td>
</tr>
<tr>
<td>Active Living in Older Adulthood: Principles and Practices</td>
<td>11</td>
</tr>
<tr>
<td>Adventure Programming</td>
<td>15</td>
</tr>
<tr>
<td>Boredom Busters: Themed Special Events</td>
<td>18</td>
</tr>
<tr>
<td>Brain Fitness</td>
<td>13</td>
</tr>
<tr>
<td>Client Assessment in Therapeutic Recreation Services</td>
<td>14</td>
</tr>
<tr>
<td>Client Outcomes in Therapeutic Recreation Services</td>
<td>18</td>
</tr>
<tr>
<td>Conceptual Foundations for Therapeutic Recreation</td>
<td>18</td>
</tr>
<tr>
<td>Dementia Care Programming</td>
<td>16</td>
</tr>
<tr>
<td>Dimensions of Choice (2nd ed.)</td>
<td>16</td>
</tr>
<tr>
<td>Diversity and the Recreation Profession (Rev. ed.)</td>
<td>13</td>
</tr>
<tr>
<td>Effective Management/Therapeutic Recreation Service (3rd ed.)</td>
<td>2</td>
</tr>
<tr>
<td>Evaluating Leisure Services (3rd ed.)</td>
<td>8</td>
</tr>
<tr>
<td>Facilitation of Therapeutic Recreation Services</td>
<td>7</td>
</tr>
<tr>
<td>Facilitation Techniques in Therapeutic Recreation (2nd ed.)</td>
<td>9</td>
</tr>
<tr>
<td>File o’ Fun (3rd ed.)</td>
<td>17</td>
</tr>
<tr>
<td>The Game Finder</td>
<td>15</td>
</tr>
<tr>
<td>Health Promotion for the Mind, Body, and Spirit</td>
<td>17</td>
</tr>
<tr>
<td>Human Resource Management in Recreation/Sport/Leisure</td>
<td>6</td>
</tr>
<tr>
<td>Inclusion</td>
<td>15</td>
</tr>
<tr>
<td>Inclusive Leisure Services (3rd ed.)</td>
<td>5</td>
</tr>
<tr>
<td>Internships in Recreation and Leisure Services (5th ed.)</td>
<td>5</td>
</tr>
<tr>
<td>Internships in Sport Management</td>
<td>9</td>
</tr>
<tr>
<td>Interpretation of Cultural/Natural Resources (2nd ed.)</td>
<td>10</td>
</tr>
<tr>
<td>Intervention Activities for At-Risk Youth</td>
<td>18</td>
</tr>
<tr>
<td>Introduction to Outdoor Recreation</td>
<td>15</td>
</tr>
<tr>
<td>Introduction to Recreation and Leisure Services (8th ed.)</td>
<td>17</td>
</tr>
<tr>
<td>Introduction to Recreation Services</td>
<td>4</td>
</tr>
<tr>
<td>Introduction to Therapeutic Recreation</td>
<td>14</td>
</tr>
<tr>
<td>An Introduction to Tourism</td>
<td>9</td>
</tr>
<tr>
<td>Introduction to Writing Goals and Objectives</td>
<td>10</td>
</tr>
<tr>
<td>The Leader’s Handbook</td>
<td>3</td>
</tr>
<tr>
<td>Leadership and Administration of Outdoor Pursuits (3rd ed.)</td>
<td>13</td>
</tr>
<tr>
<td>Leadership in Leisure Services (3rd ed.)</td>
<td>8</td>
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<tr>
<td>Leisure and Leisure Services in the 21st Century</td>
<td>15</td>
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<tr>
<td>Leisure Education I (2nd ed.)</td>
<td>14</td>
</tr>
<tr>
<td>Leisure Education II (2nd ed.)</td>
<td>14</td>
</tr>
<tr>
<td>Leisure Education III</td>
<td>16</td>
</tr>
<tr>
<td>Leisure Education IV</td>
<td>17</td>
</tr>
<tr>
<td>Leisure Education Program Planning (3rd ed.)</td>
<td>10</td>
</tr>
<tr>
<td>Leisure for Canadians (2nd ed.)</td>
<td>3</td>
</tr>
<tr>
<td>Leisure, Health, and Wellness: Making the Connections</td>
<td>11</td>
</tr>
<tr>
<td>Leisure in Your Life: New Perspectives</td>
<td>11</td>
</tr>
<tr>
<td>Leisure Studies</td>
<td>17</td>
</tr>
<tr>
<td>Leisure, Women, and Gender</td>
<td>4</td>
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<tr>
<td>Making a Difference in Academic Life: A Handbook</td>
<td>16</td>
</tr>
<tr>
<td>Managing to Optimize the Beneficial Outcomes of Recreation</td>
<td>14</td>
</tr>
<tr>
<td>Marketing in Leisure and Tourism: Reaching New Heights</td>
<td>12</td>
</tr>
<tr>
<td>More Than a Game</td>
<td>16</td>
</tr>
<tr>
<td>N.E.S.T. Approach: Dementia Practice Guidelines</td>
<td>13</td>
</tr>
<tr>
<td>Parks for Life</td>
<td>17</td>
</tr>
<tr>
<td>Planning and Organizing Group Activities in Social Recreation</td>
<td>16</td>
</tr>
<tr>
<td>Planning for Recreation and Parks Facilities</td>
<td>12</td>
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<tr>
<td>Programming/Parks, Recreation, and Leisure Services (3rd ed.)</td>
<td>7</td>
</tr>
<tr>
<td>Recreation and Youth Development</td>
<td>14</td>
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<tr>
<td>Recreation for Older Adults</td>
<td>18</td>
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<tr>
<td>Recreation Program Planning Manual for Older Adults</td>
<td>17</td>
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<tr>
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<td>6</td>
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